

MIDWEST JUNIOR ROWING CHAMPIONSHIP

Fri. May 16 – Sun. May 18, 2008
(Harsha Lake, East Fork State Park)

Transportation

Departure: UAHS – Mt. Holyoke Road
Friday, May 16, 2008
Load Buses – TBD
Depart – TBD

Return: Busses depart the race site after the last race & the boats are loaded
Sunday, May 18, 2008
Tentative arrival at UAHS – TBD
An Out-dial will be made en route with a more specific arrival time
Lake Front Bus Lines

Maps & Directions

(See attached)
I-71 South to I-275 East
Exit 65, turn left on Rt. 125 for Amelia
Turn Left on Bantam Rd. (watch for speed traps in Amelia)

Race Information: US Rowing Sanctioned Regatta

Coaches & Cox Mtg: Information to follow
Lightweights to weigh-in each day of rowing

Race Schedule: First race starts at TBD
Note that the race order may differ Sat and Sun
Last race scheduled to start at TBD

Race Format: 2000-meter sprints

Location: Harsha Lake, East Fork State Park, Bantam, OH
View of finish line on the beach in front of the tents

Food & Meals (Additional details to follow)

Friday: Dinner provided by UA Crew

Saturday: Breakfast & Lunch provided at U.A. Crew tent
Dinner provided by UA Crew

Sunday: Breakfast & Lunch provided at U.A. Crew tent
We should be home for dinner, but bring \$10 in case of delays

Money & Fees

Regatta Fee: \$245/rower, paid with Registration packet

Spending Money: \$15-20 for t-shirt, plus \$10 for fast food stop on way home, if necessary

Accommodations

Hampton Inn
858 Eastgate North Drive
Cincinnati, OH 45245
(513) 752-8584

Volunteers

Head Chaperone Cell:
Asst. Chaperone Cell:
Chris Swartz Coach (boys) Cell: 614-397-5232
Tino Benedetti Coach (girls) Cell: 614-209-1613

Midwest Juniors

Directions to Site

The course is located on Harsha Lake in East Fork State Park, Ohio. The park is 40 Minutes east of Cincinnati, Ohio, approximately a 2.5 hour drive from Columbus.

Directions from Columbus, Ohio:

- Take I-71 South to I-275 East

- Hilton Garden Inn (team hotel) is located at Exit 54, 6288 Tri-Ridge Blvd.

- Take I-275 East to exit 65: Rte. 125, Amelia/Beechmont Ave. (SE part of the 275 loop). You are still ½ hour from the site....

- Go East on Beechmont for 9.8 miles. WARNING: speed limit in Amelia is 25 mph. The cops will be speed trapping, so drive slowly.

- Do NOT turn RIGHT onto Rte 222 by Phantom Fireworks, even though there is a sign to Harsha Lake there. Instead keep going straight then...

- Turn LEFT at the traffic light onto Bantam Rd. Rte. 222 turns right at this intersection. On regatta weekends, there is often a banner at the corner.

- Follow Bantam Rd. 0.2 miles to the entrance to East Fork State Park.

- Turn LEFT into the park and follow signs to the Beach.

- Turn LEFT 0.9 miles later (there is a sign for the Beach) and follow down to the beach.

- Park where instructed or in a marked parking space if no one is there to direct you. You may have to park in a remote lot at the top of the hill and walk to the race site – approx. 15-min walk.