

THE BLAKE HAXTON FALL REGATTA 2025

**HOSTED BY UPPER ARLINGTON CREW, INC.
OCTOBER 25, 2025**



THE BLAKE
HAXTON
FALL REGATTA



**BANNER
WITCOFF**

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OUR HONOREE - BLAKE HAXTON

UPPER ARLINGTON CREW ALUMNUS U.S. PARALYMPIC ROWER, AND MOTIVATIONAL SPEAKER

In March of 2009 Blake Haxton was in his senior year at Upper Arlington High School when he contracted Necrotizing Fasciitis, more commonly called the flesh-eating disease. Over the course of three days Blake went from being captain of UA Crew and a Division 1 rowing recruit to suffering major organ failure and the amputation of both of his legs. Blake was released from the hospital after over twenty major surgeries and three months of inpatient care.



Life-threatening medical complications notwithstanding, Blake enrolled at The Ohio State University the following fall and earned his B.S. in finance in 2013. Blake then enrolled at the Ohio State University's Moritz College of Law and returned to the sport of rowing, earning a spot on the U.S. National Team in the Arms and Shoulders single event. Blake has made four consecutive U.S. Rowing Teams including the 2016 Paralympic Team competing in Rio de Janeiro, where he placed 4th. Following the games in Rio, Blake's fellow Olympic teammates and coaches voted him as the Male Athlete of the Year, making him the first ever para-athlete to win the honor.

Blake earned his law degree from Ohio State in 2016 and currently works as an Investment Research Associate for Diamond Hill Capital Management in Columbus, Ohio. He continues to row and most recently competed in the 2020 Paralympic Games in Tokyo, Japan in two sports – arms and shoulders single sculls where he placed 10th and sprint canoe where he earned his first Silver Medal.



Deloitte.

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MORE ABOUT BLAKE HAXTON

International Race Results:

- 2014 Crash-B World Championships: Placed 1st (Set new American Record).
- The 2014 World Championships in Amsterdam, Netherlands: Placed 4th.
- The 2015 World Championships in Aiguebelette, France: Placed 5th.
- The 2016 Paralympic Games in Rio de Janeiro, Brazil: Placed 4th.
- The 2017 World Championships in Sarasota, Florida: Placed 6th.
- The 2018 World Championships in Plovdiv, Bulgaria: Placed 4th.
- The 2021 ICF Paracanoe World Cup in Szeged, Hungary: Placed 4th, qualified for 2020 Tokyo Paralympics.
- The 2020 Paralympic Games in Tokyo, Japan: Placed 2nd, Winner of the Silver Medal (Sprint Canoe).

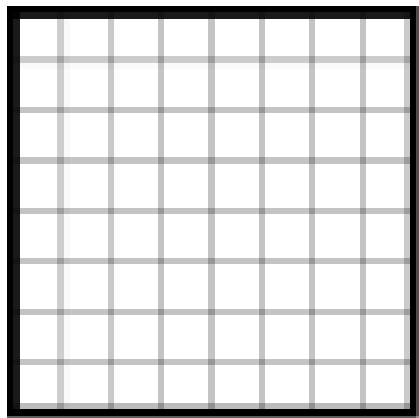
Awards and Honors:

- 2020 Tokyo Paralympic Games, Silver Medalist
- 2016 United States Rowing Male Athlete of the Year (first ever para-athlete to win the award)
- 2016 Golden Oars Award Honoree



Cal Sport Media / Alamy Stock Photo

**TO LEARN MORE ABOUT BLAKE AND HIS
ACCOMPLISHMENTS VISIT BLAKEHAXTON.COM**



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EVENT SCHEDULE

Event Number	Time	Event
1	8:45 AM	Mens 1st Varsity 8+
2	8:55 AM	Mens 2nd Varsity 8+
3	9:05 AM	Womens 1st Varsity 4+
4	9:15 AM	Womens 2nd Varsity 4+
5	9:25 AM	Womens 3rd Varsity 4+
6	9:35 AM	Mens 1st Novice 4+
7	9:45 AM	Mens 2nd Novice 4+
8	9:55 AM	Mens Varsity 2x
9	10:10 AM	Womens 1st Novice 8+
10	10:20 AM	Womens 2nd Novice 8+
11	10:30 AM	Mens 3rd Varsity 8+
12	10:35 AM	Mens 4th Varsity 8+
13	10:45 AM	Mens Novice 4x+
14	11:00 AM	Womens 1st Varsity 4x
15	11:00 AM	Womens 2nd Varsity 4x
16	11:10 AM	Mens 3rd Novice 4+
17	11:20 AM	Womens 4th Varsity 4+
18	11:25 AM	Womens 5th Varsity 4+
Lunch Break		
19	1:00 PM	Womens 1st Varsity 8+
20	1:10 PM	Womens 2nd Varsity 8+
21	1:20 PM	Mens 1st Varsity 4+
22	1:30 PM	Mens 2nd Varsity 4+
23	1:40 PM	Mens 3rd Varsity 4+
24	1:50 PM	Womens 1st Novice 4+
25	2:00 PM	Womens 2nd Novice 4+
26	2:10 PM	Womens Varsity 2x
27	2:25 PM	Mens 1st Novice 8+
28	2:35 PM	Mens 2nd Novice 8+
29	2:45 PM	Womens 3rd Varsity 8+
30	2:50 PM	Womens 4th Varsity 8+
31	3:00 PM	Womens Novice 4x+
32	3:20 PM	Mens 1st Varsity 4x
33	3:30 PM	Mens 2nd Varsity 4x
34	3:40 PM	Womens 3rd Novice 4+
35	3:50 PM	Mens 4th Varsity 4+
36	3:55 PM	Mens 5th Varsity 4+
37	4:15 PM	Mixed Open Middle School 8+ (1000m)

2025 UA Crew Team



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PARTICIPATING TEAMS

Blade	Club	Aliases	Entries	Location
	Buckeye Rowing Club	Buckeye Rowing Club; BRC	4	Powell, OH
	Central Ohio Rowing	Central Ohio; COR	8	DUBLIN, OH
	Chicago Training Center	Chicago Training; CTC	3	Chicago, IL
	Cincinnati Jr. Rowing Club, Inc.	Cincinnati Juniors; CJRC	31	Newport, KY
	Cleveland Foundry Juniors	Cleveland Foundry Juniors; CFJ	4	Cleveland, OH
	Dayton Boat Club	Dayton; DBC	25	Moraine, OH
	Fox Chapel Crew, Inc.	Fox Chapel Crew; FCC	13	Aspinwall, PA
	Grand Rapids Rowing Club	Grand Rapids; GRRC	12	Grand Rapids, MI
	Great Miami Rowing Center	Great Miami Crew; GMRC	7	Hamilton, OH
	Hinsdale Community Rowing	Hinsdale Rowing; HCR	9	Lemont, IL
	Huron Rowing Association - Ann Arbor Huron H.S.	Ann Arbor Huron; AAH	7	Ann Arbor, MI
	Indianapolis Rowing Center	Indianapolis RC; IRC	28	Indianapolis, IN
	Loyola Academy Rowing Association	Loyola Academy; LA	14	Wilmette, IL
	Magnificat High School	Magnificat Rowing Team; Mags	7	Rocky River, OH
	New Trier High School Rowing	New Trier; NTHS	25	Northfield, IL
	North Allegheny Rowing Association/ N. Allegheny H.S.	North Allegheny; NARA	16	Pittsburgh, PA
	North Catholic High School	North Catholic; NCHS	6	Cranberry Township



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Scioto Orthodontics

BETHANY A. CRAWFORD, DDS, MS & ELIZABETH K. JOHNSON, DDS, MS

HEALTHY LIFE

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PARTICIPATING TEAMS

Blade	Club	Aliases	Entries	Location
	Northville Rowing Club	Northville RC; NHSRC	29	Northville, MI
	Oakland Catholic Rowing	Oakland Catholic; OCHS	1	Pittsburgh, PA
	Olentangy Rowing Club	Olentangy Rowing Club; ORC	17	Worthington, OH
	Orchard Lake St. Mary's Crew	Orchard Lake St. Mary's; OLSMC	17	Orchard Lake, MI
	Saint Ignatius Chicago Rowing, Inc.	St. Ignatius Chicago; SICR	19	Chicago, IL
	Saint Joseph Academy	Saint Joseph Academy; SJA	12	Cleveland, OH
	Shaker Heights High School Crew	Shaker Heights; SHHS	8	Shaker Heights, OH
	Skyline Crew	Skyline Crew; SC	26	Ann Arbor, MI
	St. Edward High School	St. Edward; SE	13	Lakewood, OH
	St. Ignatius Wildcat Rowing	St. Ignatius; SIWR	13	Cleveland, OH
	St. John's Jesuit High School	St. John's Jesuit; SJJ	7	Toledo, OH
	St. Louis Rowing Club	St. Louis; STLRC	34	Maryland Heights, MO
	St. Ursula Academy Crew	St. Ursula; STU	5	Toledo, OH
	St. Xavier High School	St. Xavier; STX	5	Louisville, KY
	Three Rivers Rowing Association	Three Rivers; TRRA	14	Pittsburgh, PA
	Upper Arlington Crew, Inc.	Upper Arlington; UAHS	23	Upper Arlington, OH
	Westerville Rowing Club	Westerville; WRC	20	Westerville, OH



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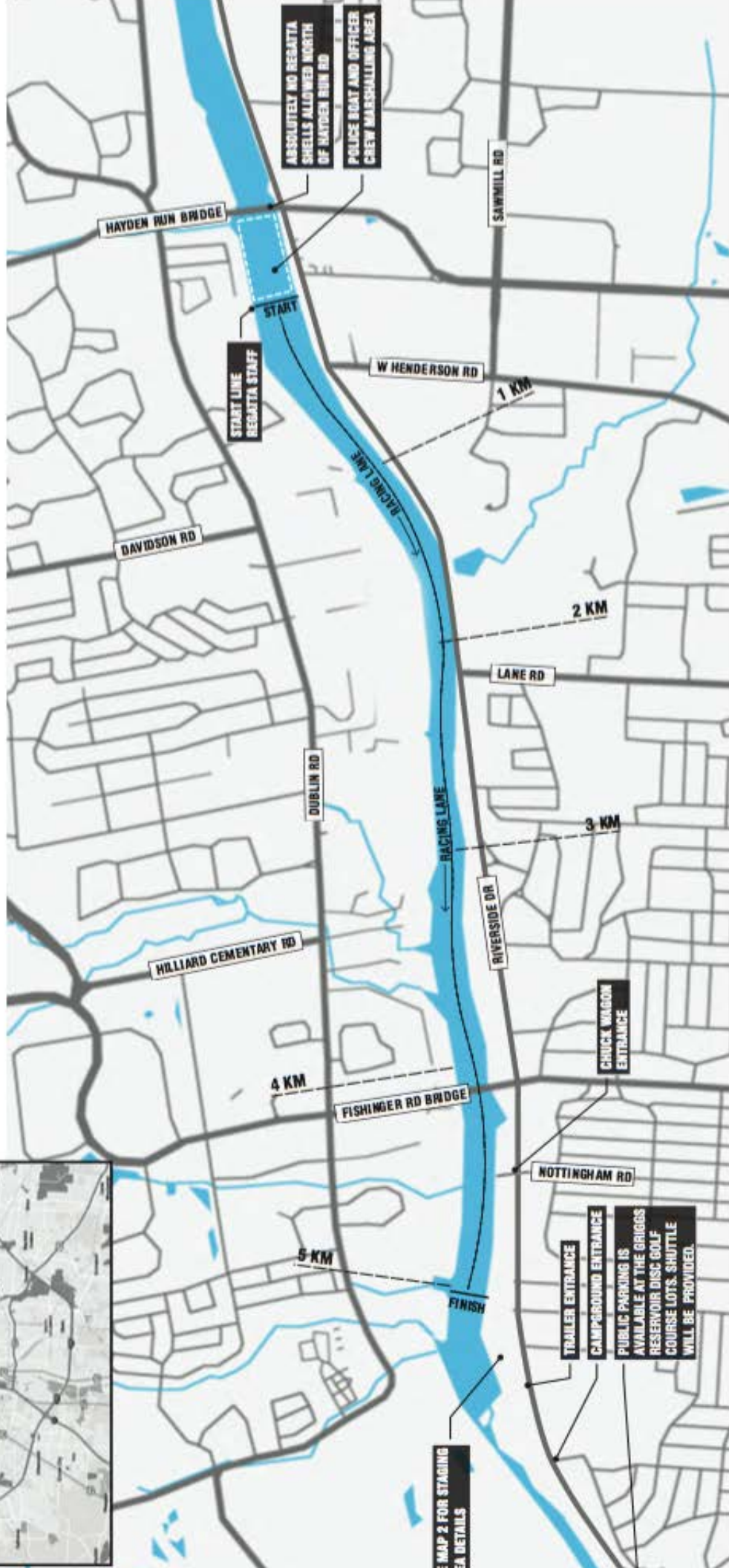
**OFFICE HOURS: TUESDAY, THURSDAY, FRIDAY 8-4;
WEDNESDAY 8-6; SATURDAY 8-2**

ROW BEARS!





RACING VENUE



VENUE SITE MAP

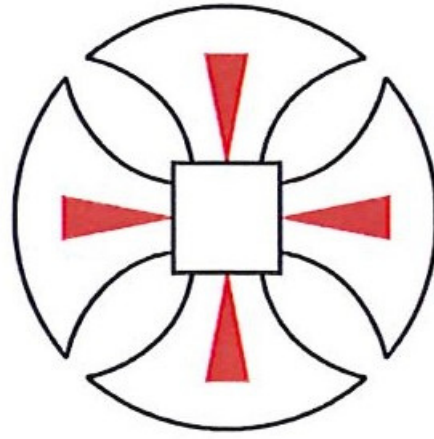


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Good Luck
UA Crew!

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Episcopal Church

Go Bears!



EVENT INFORMATION

Format:

- 5000m “Henley Style Start” head race competition for high school age students in novice and varsity categories.
- Two (2) boats aligned rowing starts
- Partially buoyed course with “protected water”
- Five (5) judging locations for course/competitor monitoring
- Starting order based on prior year finishes in selected varsity events only
- “B” entries are only permitted in the 2x, 4th V8+, V4+, 2nd Novice 8+ and 3rd Novice 4+ events.

Two dock sites:

- North of marina for launch
- South of marina for recovery
- Plan 35-40 minutes from dock to start line
- Counter-clockwise rotation for traffic
- Crews will race between 9:00 AM and 4:00 PM, with a lunch break at 12:15 PM

Lost and Found:

- Lost and Found will be located in the Operations Center in the Lashutka Events Center

Penalties:

- Missing bowmarker at start/finish (30 second penalty)
- Interference or unsafe passing/racing (30 second penalty)
- Unsportsmanlike conduct (includes excessive foul language, failing to abide by race officials directions, etc) (Disqualification)
- Any person, who, in the opinion of the race organizers, is being abusive, uncooperative or unreasonable with race organizers, volunteers, city officials or other team personnel may be excluded from the remainder of the day’s events and may be asked to leave the park. Further penalties may be assessed in the extreme circumstances.

**ABSOLUTELY NO
COWBELLS, WHISTLES,
HORNS, OR NOISE MAKERS
OF ANY KIND ARE ALLOWED
IN THE SPECTATOR AREA.**



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CREW BASICS

Sweep Rowing

Sweep rowers use only one oar and row either on the port or starboard side of the boat. When facing forward in the boat (i.e., the coxswain, not the rowers), the left is port side and the right is the starboard side. These boats may or may not have a coxswain to help steer the boat using a small rudder. Sweep events are indicated with a “+” if there is a coxswain and a “-” if there is not:

- Pairs (2+ or 2-)
- Fours (4+ or 4-)
- Eights (8+)

Sculling

In Sculling, each rower uses two oars, one in each hand. Sculling events are indicated with an “x” and include:

- Singles (1x)
- Doubles (2x)
- Quads (4x)

THE BLAKE
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2025 UA CREW SENIORS





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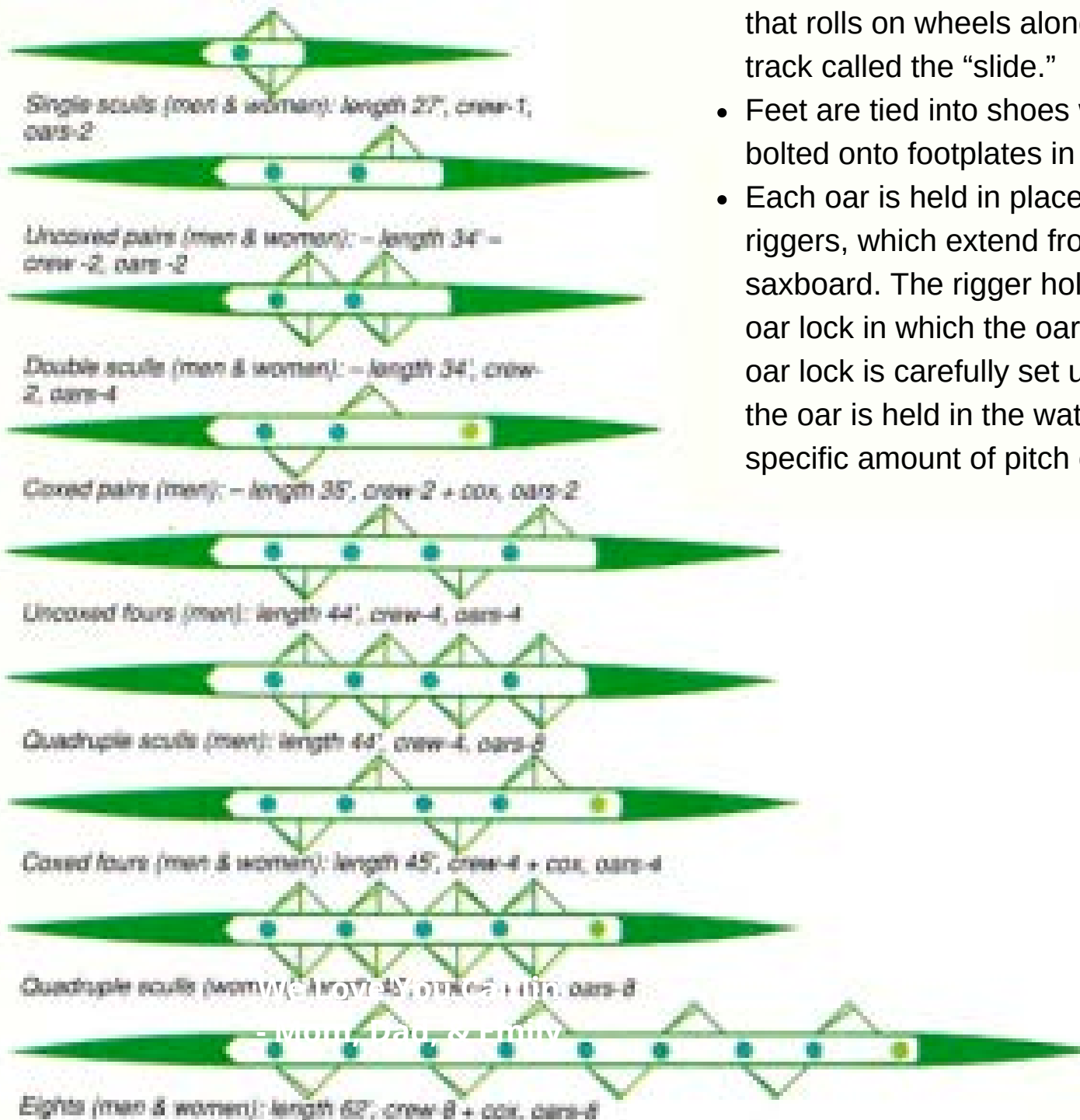


Diana V Photos



ALL ABOUT THE BOAT

- Racing shells vary in length, approximately 62 feet for an eight-person shell, 44 feet for a four/quad, 34 feet for a pair/double and 27 feet for a single.



- Shells are made of Kevlar or carbon fiber for strength and weight advantages
- Seats in a boat are not stationary. Each rower sits on a sliding seat that rolls on wheels along a fixed track called the "slide."
- Feet are tied into shoes which are bolted onto footplates in the boat.
- Each oar is held in place by riggers, which extend from the saxboard. The rigger holds the oar lock in which the oar sits. The oar lock is carefully set up so that the oar is held in the water with a specific amount of pitch or tilt.

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DID YOU KNOW?

- Rowing is not an arm workout. When done correctly, it is 85% legs, 10% back/core, 5% core, and 5% arms.
- Some rowers only row port or starboard. Those who can row on either side are called “bisweptual.”
- The founder of the modern Olympics, Baron Pierre de Coubertin, was a rower.
- The first intercollegiate sport in the United States was rowing and the first competitive race was held in 1852 between Yale and Harvard. The first rowing club in the United States was founded in 1839.
- A boat does not have to finish a race with all rowers still in the shell (although it is infinitely more difficult). If someone falls out or suffers an ejector crab, the crew may continue without them.
- Ergometers have monitors which calculate a rower's time per 500 meters, which is called split time, and this allows a rower to see how hard they are pulling, how long it took them to finish a set workout (like 2000 meters) and what rate of strokes they were taking during their workout.



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MORE THINGS TO KNOW

- Coaches often rely on 2K or 6K ERG tests to determine initial on-water boat lineups and to assess an athlete's improvement over the season. Rowers know their 2K times just as football players know their 40-yard time.
- Top boats on both the men's and women's teams are the "first varsity" V8+ or V4+. Following those boats are the 2V, 3V, and even 4V eights and fours, depending on team size. Grade level does not play a role other than the years of experience it provides. Novice boats are made up of rowers who have started within the past 12 months, regardless of grade level.
- Competitive rowing favors tall, muscular athletes due to the additional leverage height provides in pulling the oar through the water as well as the explosive power needed to propel the boat at high speed.
- Upper Arlington Crew, Inc. was founded in 1993. It is operated as a "club team" during the fall season and in the spring, it is operated as a "scholastic team" as a varsity sport of Upper Arlington High School. UA Crew is the only scholastic program in the Central Ohio area.







THANK YOU COACHES!



Greg Harvie
Director of Rowing &
Men's Head Coach



Kyle Stanley
Varsity Coach



Ed Byrd
Novice Coach



Scott Shapiro
Novice Coach

MEN'S TEAM



Kristina Patterson
Women's Head Coach



Johan McGwire
Varsity Coach

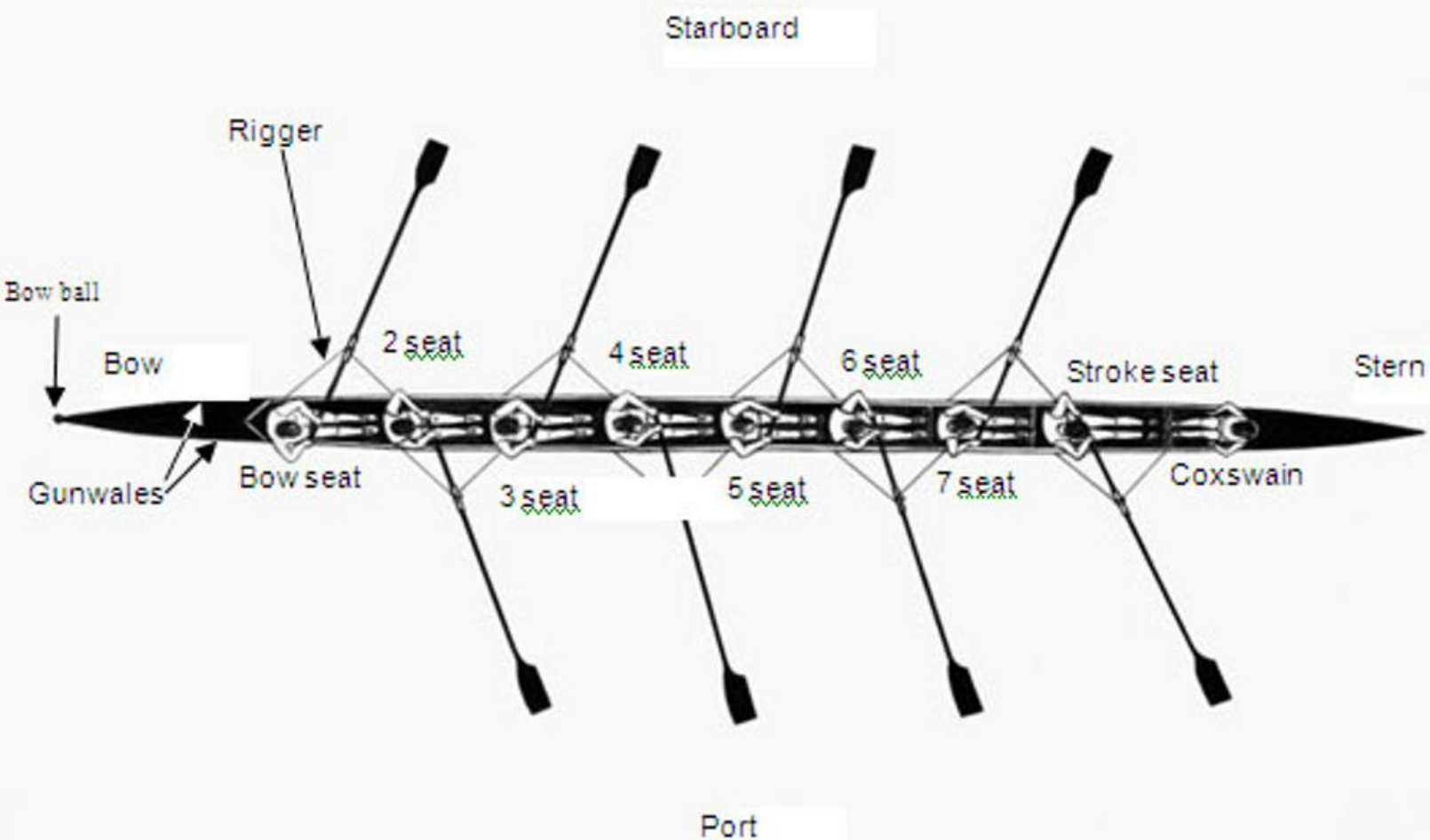


Elisa Kreiman
Novice Coach



Richard Witt
Novice Coach

WOMEN'S TEAM



SEAT PLACEMENT

- Athletes are identified by seat position. Bow seat is #1 and is the rower that crosses the finish line first. The next seat is #2, #3, and so on.
- The “stroke” is seat #8 (closest to the coxswain) and sets the rhythm and stroke rating for the rest of the boat.
- Seats work together in pairs:
 - #1 and #2 are the bow pair and with their strong rowing technique, they make adjustments to help keep the boat “set” or level in the water. Of course, setting a boat is still a collective responsibility, with even little out-of-synch movements or the simple turn of a head impacting the boat’s performance.
 - Seats #7 and #8 are the stern pair. With both strong technique and overall ability, this pair works together to keep both sides of the boat on the same pace.
 - The seats in the middle of the boat (#3 through #6) are often called “the engine,” charged with providing raw power and speed.

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PARKING - SOUTH VENUE



Page 1 No stopping or parking on Riverside Drive. Police will be on-site to assist with parking.
No stopping or drop offs at the Lashutka Center.



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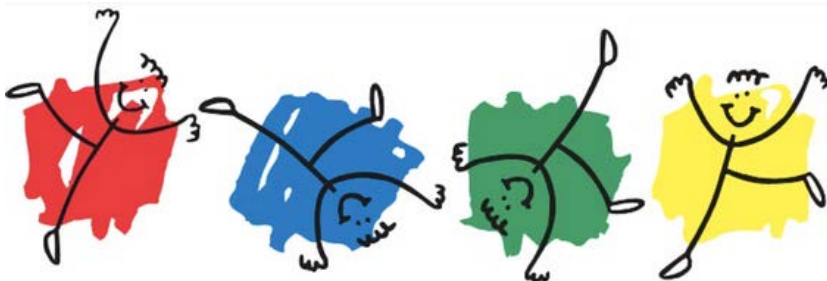


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PARKING - NORTH VENUE



Page 2 Spectators, Tow Vehicles and Buses are to enter at Nottingham. Police will be on site to assist with traffic. No parking or driving through grass.



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PARKING - OVERFLOW



Page 3 Overflow/oversize Parking – 1.45M to Mountview Christian Church 2104 Fishinger Road, Columbus, OH
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Thank You

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We appreciate your support of UA Crew

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**Wendy's Fitness and
Gymnastics**

The background of the entire image is a photograph of a calm lake. In the foreground, a rowing team in a dark boat is visible on the left. Further out, another rowing team is in the middle of the lake. On the right, a small motorboat is partially visible. The far shore is lined with trees in various shades of autumn, including yellows, oranges, and reds. The sky is overcast and grey.

THE BLAKE HAXTON FALL REGATTA

THANK YOU FOR YOUR SUPPORT!
UA CREW LOOKS FORWARD TO SEEING YOU NEXT YEAR!